

---

The following is to be copied onto the therapist's letterhead

## PERSONAL PSYCHOTHERAPY 10-HOUR FORM

Each student in the M.A. Counseling Psychology program is required to complete a minimum of ten (10) hours of individual, group, family, or marital psychotherapy prior to beginning PSY 644C with a California licensed psychologist, MFT, LCSW, or board-certified psychiatrist. The therapist shall sign this form after 10+ hours of therapy have been completed. All therapy hours must start and be completed while enrolled in the MAC Program. Previous therapy hours will not count towards the 25-hour total.

I, \_\_\_\_\_, hereby certify that \_\_\_\_\_  
Therapist Student

has completed ten (10) hours of individual, group, family, or marital psychotherapy. The

psychotherapy began on \_\_\_\_\_ and \_\_\_\_\_ hours have been completed as of:  
Start Date # of hours

\_\_\_\_\_  
Date

\_\_\_\_\_  
Student ID #

\_\_\_\_\_  
Therapist's Signature & Title

\_\_\_\_\_  
Date

\_\_\_\_\_  
Therapist's License Number

\_\_\_\_\_  
Date Licensed

**Please upload this document into your pre-application tasks in Tevera, send it to your faculty mentor, and save a copy for your records. You may be asked to provide this to your practicum instructors as well.**